## VOICE OF EXPERIENCE FORUM HEALTH INFORMATION EVENT & AGM

GIVING A VOICE TO YOUR EXPERIENCE

We are delighted to invite you to our '**Prevent & Prepare**' event on **Wednesday 28th August 2024 at Cairnlea Parish Church, 127-129 Graham Street, Airdrie, ML6 6DE**. This event will incorporate a short AGM.

The event will focus on information to help older people stay active using gentle movement provided by Active NL ('prevent') and how to 'prepare', by accessing information on financial supports (CAB), legal safeguards such as Power of Attorney/Guardianship (SOPS) and what services are available on being discharged from hospital (HDSP).

Registration opens at 10am and there will be an opportunity to visit stalls hosted by a range of North Lanarkshire organisations. Why not bring a friend, learn something new, hear about our achievements and our exciting plans for the coming year?

Light refreshments will be available from 10am. The event starts at 10:20am and is followed by our simplified AGM. A 2 course lunch will be provided to all attendees.

**RSVP—PLEASE RETURN YOUR COMPLETED AT-TENDANCE FORM TO US IN THE PRE-PAID ENVE-LOPE PROVIDED** by <u>Tuesday 20th August 2024</u> to secure your place. You can also email us at info@voef.org.uk or call 01236 439550 to confirm your attendance.

We hope that you can join us on the day!



This event is made possible thanks to #NationalLottery players'



## VOICE OF EXPERIENCE FORUM

- PREVENT & PREPARE' EVENT
  INCORPORATING OUR 2024 AGM
- WEDNESDAY 28TH AUGUST 2024
- DODRS OPEN 10AM EVENT STARTS 10:20AM HOT LUNCH 12:50 CLOSE 2PM
- CAIRNLEA PARISH CHURCH HALL, 127-129 GRAHAM STREET, AIR-DRIE, ML6 6DE
- PRESENTATIONS & WORKSHOPS
  FROM—ACTIVE NL, CITIZENS AD-VICE (CAB), SOLICITORS FOR OLD-ER PEOPLE (SOPS) & HOSPITAL
   SUPPORT DISCHARGE PRO-GRAMME (HDSP). INFORMATION
   ON HEALTH & SIGNPOSTING SUP-PORT SHOULD YOU NEED IT



CONTACT DETAILS

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Scottish Charitable Incorporated Organisation Charity Number: SC037466